

REDUCING ISOLATION AND IMPROVING SOCIAL SKILLS

We partnered with **FunDays in Nottinghamshire** again for a second project. FunDays runs a very popular weekly poetry evening class over 10 weeks (one term) at Nottingham University. The participants learn to understand and work through poetry. This is led by a poet. The group really benefits and they are keen for us to do more of it.

**The end users are young adults aged 18 to 45
with moderate to severe learning difficulties.**

They find it a stimulating medium. Without groups like this, they can become socially isolated. Many live at home with parents while others live in accommodation around Nottingham.

The aims of the project are to:

- **Reduce the social isolation that young adults with learning difficulties encounter**
- **Improve the social skills and confidence of the group**
- **Give the attendees a new interest which helps to stimulate them when they are not in the group**

The Opportunities Fund have financed two terms. With additional funding, we may also be able to grow the size of the group. If you would like to help, please contact Christine Fraser, our Partnerships Manager on 07930 843432.

For further information about FunDays in Nottinghamshire, follow this link to their website: <http://www.fundaysinnottinghamshire.co.uk/index.php>

